

CHALLENGE 1

SELF PORTRAITS IN YOUR ROOM

Your space reveals a lot about who you are. How you decorate and arrange your room at this point in your life will look different in 10 years and probably looks drastically different from when you were really young.

We are going to take self portraits in our space to portray this moment in our life.

MATERIALS

A device to take pictures with (Camera, smart phone, or tablet)

Your bedroom

A tripod or a family member that is quarantined with you to hold your camera (optional)

EXAMPLES



JULIE BLACKMON, CHASE



JULIE BLACKMON, TAKE OFF

STEPS

Vocab

- **Portrait** - a painting, drawing, photograph, or engraving of a person, especially one depicting only the face or head and shoulders.
- **Self Portrait** - a portrait of an artist produced or created by that artist.

Arrange

- Go to a space where you spend a lot of time and that is important to you. Look around, do you need to move certain things in or out? Do you need to do a quick clean, or is having that chair full of clothes a part of you?
- I chose to go to my desk area. This is where I paint my nails, do my makeup and work on my computer. I took out makeup that I use most often and arranged it in front of the mirror.

- I then took a brush and started posing in the mirror. My goal was to not be able to see my phone in the picture. I liked that you could see different parts of my hand and the brush in the sides of the mirror.
- I tested out lots of different angles and poses to get my final images

Tips

- Test out the self timer! On iPhones all you need to do is click the timer button at the top of your photo screen and choose three or ten seconds, push the shutter button and get in position!
- Set up your shot, and then ask a family member to take the picture for you
- Put your device on a tripod or stand to help hold it up
- Take a lot of pictures! The more you take the more options you have.
- Try different angles, like worms eye view, birds eye view, and eye level

SHARE

Upload your photos and tag MOPA on Instagram @MOPASD.

CHALLENGE 2

SILHOUETTES

A silhouette focuses on the shape of your subject without all of the distractions we are used to.

A silhouette can reveal a lot of details about a person that we don't normally see. Do you have the same nose as your parents? Or the same chin as a sibling?

MATERIALS

A device to take pictures (Camera, smart phone, or tablet)

A window with good light

A subject to photograph (yourself, another person, an object with an interesting or recognizable shape)

EXAMPLES



ERICA DEEMAN, *SILHOUETTES*



ERICA DEEMAN, *SILHOUETTES*

STEPS

Vocab

- **Silhouette** -the dark shape and outline of someone or something visible against a lighter background.
- **Profile** - an outline of something, especially a person's face, as seen from one side.

Shoot

- To create a silhouette, your subject needs to be backlit. This means that you need a bright background behind you, while the subject is in a shady spot.
- You can create this two ways. The first way is with lights you have in your house, like a lamp or a professional lighting kit. You place the lights behind your subject and face the lights at the subjects back. This will create your silhouette.
- The second way is to use the sun! You can try this in front of a window, or outside under an archway or shady spot.

Tips

- To create a silhouette you need to learn how to control your camera or phones exposure settings.
- You want to underexpose your subject! Look up your camera settings to test out how to achieve that.

SHARE

Upload your photos and tag MOPA on Instagram @MOPASD.